

COVID Safe Plan

Western Suburbs Triathlon Club Inc.

Plan completed by: Jill Stevenson

Committee Meeting endorsed

Date: 18 Nov 2021

1. Participants and volunteers must be double vaccinated & QR code with Vic Services App

Requirements: Ensure participants and volunteers are aware of check in and vaccination requirements (or exemption) prior to event registration.

This will be done by –

- Participants and volunteers advised by social media channels before the event.
- Participants and volunteers advised via race / volunteer confirmation email.
- On the morning of the event, participants and volunteers show proof of QR code check in and vaccination or exemption status prior to being permitted to confirm registration for the event.

2. Encourage physical distancing

Requirements: Encourage participants to maintain 1.5m apart where practicable.

This will be done by –

- Displaying signs around the venue and transition area to remind participants.

Additional measures put in place:

- Club rooms will be closed.
- Contactless event check-in and chip collection will occur outdoors.
- Swim start areas will be set up to ensure small group swim waves that contain no more than 10 participants per wave. Areas will be clearly marked with cones to ensure physical distancing protocols.
- To reduce the number of people interacting with each other, swim waves comprising groups of 10 will be racked together. Bikes will be set up in transition with 1 person per 2sqm per COVIDSafe settings.

Requirements: You must apply density quotient to accessible space –

- Event is undertaken completely outdoors, via the Bay, the Esplanade and the BayTrail path. End to end measurement is approx 3km. Venue space is not contained by a boundary and is open to the general public.

2. Wear a face covering

Requirements: Ensure all participants and volunteers participating in the event wear a face covering as per public health advice.

Plan:

- Not currently required outdoor.

3. Practise good hygiene

Requirements: You must frequently and regularly clean and disinfect shared spaces, including high-touch communal items.

Plan:

- Transition rails will be disinfected between at the conclusion of the event. Members of the WSTC committee will be responsible for undertaking this process.
- Timing chips will be removed by individual participants at the conclusion of their event and placed directly into a disinfectant bucket at the finish line area.
- No water or food will be provided at the event. Participants will be advised to bring their own water bottle for use before, during and after the event. External retailers are available around the venue for purchase of food and water in need
- Contactless sanitiser dispensers will be located at registration and in the transition space. Additional bottles of hand sanitizer will be made available for use elsewhere throughout the event.
- All committee members in attendance have completed Aust Govt Covid 19 Infection control course. <https://covid-19training.gov.au/>

4. Keep records and act quickly if a participant or volunteer become unwell

Requirements: Participants, volunteers and spectators are advised to stay home even if they only have mild symptoms.

- Participants and volunteers will complete a health declaration as part of their event registration process. They will be advised to stay home if they feel unwell, have any cold or flu like symptoms, or been in contact with anyone required to self isolate or as otherwise directed by the Chief Health Officer
- At contactless check in, on event morning, participants and volunteers will be asked to reconfirm their event registration health declaration (per above)
- The Services Vic QR code will be displayed at locations around the event for spectators or members of the public to use for contact tracing purposes. Name, phone number and email details will be collected.

Requirements: You must develop a contingency plan to manage any outbreaks.

Plan -

- If notified that an attendee at our event tests positive we will immediately contact DHHS.
- St John's Ambulance Service will be present during the event and will be advised immediately if a participant and/or volunteer reports feeling unwell.

5. Avoid interactions in enclosed spaces

Requirements: You should reduce the amount of time people spend in enclosed spaces during the event.

Plan -

- Club rooms will be closed to all event participants with all event activities undertaken outdoors. Committee members may be indoors for limited periods of time to collect event materials. Indoor density limits will be

maintained and hand sanitiser will be available. Altona Life Saving Club - Service Vic QR code will also be used upon entry to club rooms.

- The swim, cycle and running disciplines of the event are undertaken in an open, public space.

6. Create workforce bubbles

Requirements: You should keep groups of volunteers on the same shifts at a single event.

Plan: All volunteers will be pre registered and vaccinated.